



# SECOND NAZARETH BAPTIST CHURCH

*The Church in the Heart of the Community, With the Community in Its Heart*

Second Nazareth Baptist Church

Walk the Walk Fitness Challenge

Church Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

- We pledge to voluntarily participate in **Phase I** of the Second Nazareth Walk the Walk Challenge beginning January 30, 2019 thru June 17, 2019 and help the church earn 600,000 miles by walking a minimum of 5 miles or 10,000 steps a week
- We pledge to voluntarily participate in **Phase II** of the Second Nazareth Walk the Walk Challenge beginning July 11, 2019 thru November 14, 2019 and help the church earn 600,000 miles by walking a minimum of 5 miles or 10,000 steps a week
- We pledge to voluntarily participate in **Phase I and Phase II** of the Second Nazareth Walk the Walk Challenge beginning January 30, 2019 thru November 14, 2019 and help the church earn 600,000 miles by walking a minimum of 5 miles or 10,000 steps a week

We understand that each participant in our church should consult with their Health Professional about participating in this walking Challenge

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

**The third Saturday of the month we will meet at the church at 10am to 11am to walk as a group.**